



Calvert County Substance Abuse Prevention and Treatment Matrix January 2019

Prevention Education/ Outreach	Law Enforcement/ EMS, Fire and Rescue	Treatment	Recovery
<p><u>Activity name:</u> “Let’s Talk” Series <u>Activity:</u> Workshops focusing on topics of addiction, treatment and recovery. <u>Agencies:</u> CAASA, Calvert County Behavioral Health and Twin Beach Opioid Misuse Committee</p>	<p><u>Activity name:</u> Adult Drug Court <u>Activity:</u> Adult treatment drug court for 100 adults <u>Agencies:</u> Calvert County Adult Drug Court; Calvert County Circuit Court; Calvert County State’s Attorney, and Calvert County Health Department</p>	<p><u>Activity name:</u> Treatment and Support Group Resource List <u>Activity:</u> Provide a comprehensive resource list containing all treatment and support group resources in Calvert County. The list is updated twice a year and is distributed to local agencies, schools, doctors’ offices, etc. <u>Agencies:</u> CAASA</p>	<p><u>Activity name:</u> Let’s Talk Series <u>Activity:</u> Workshops focusing on topics dealing with addiction and recovery. <u>Agencies:</u> CAASA and Calvert County Health Department</p>
<p><u>Activity name:</u> Drug Awareness <u>Activity:</u> Sponsor drug awareness presentations and forums. <u>Agencies:</u> CAASA, Calvert County Behavioral Health and Twin Beach Opioid Misuse Committee</p>	<p><u>Activity name:</u> Resource Packets <u>Activity:</u> Distribute treatment and support group information to families of an overdose patient. <u>Agencies:</u> Sheriff’s Office, Maryland State Police, Barrack “U”, and local EMS, Fire and Rescue Squads.</p>	<p><u>Activity name:</u> Treatment Resource Card <u>Activity:</u> Pocket sized cards detailing 24/7 treatment info numbers and appropriate websites distributed to local law enforcement, community agencies, and doctors’ offices. <u>Agencies:</u> CAASA</p>	<p><u>Activity name:</u> Recovery Support Services <u>Activity:</u> Outreach Provides recovery support information and education to the general community, those in the process of recovery along with their family members and friends. Attends outreach events sponsored by the Calvert County Health Department, Calvert Alliance Against Substance Abuse, parent support groups, churches, the Wellness Center at CMH and Calvert County Behavioral Health <u>Agencies:</u> Calvert County Health Department</p>

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<p>Activity name: Parent/Community Outreach</p> <p>Activity: Host information tables at middle and high school open house events; freshman orientations, and senior award programs; provide prevention resource packets to CCPS Student Services Office; host information tables at Calvert County Fair and community health fairs throughout the year.</p> <p>Distribute overdose awareness information cards at school sporting events.</p> <p>Distribute information pocket cards to parents at school events and parks & recreation events</p> <p>Host student athlete and parent assemblies at the high schools</p> <p>Agencies: CAASA, Calvert Health, and Calvert County Behavioral Health Prevention Services</p>	<p>Activity name: DARE</p> <p>Activity: Provide D.A.R.E. education to 6th grade students in the local public schools and for 5th grade students in local private schools.</p> <p>2016 - Pilot afterschool D.A.R.E. program started at Mutual And Plum Point Elementary for 5th grade students.</p> <p>2017-2018 – Program expanded to three elementary schools.</p> <p>2018-2019 – Program offered to all elementary schools.</p> <p>Agencies: Calvert County Sheriff’s Office and CAASA</p>	<p>Activity name: Behavioral Health Treatment Services</p> <p>Activity: Outpatient treatment for behavioral health issues (substance use disorders, mental health disorders or co-occurring disorders) for all ages. Includes Outpatient Mental Health Clinic, Intensive Outpatient Treatment, and Early Intervention.</p> <p>Agencies: Calvert County Health Department</p>	<p>Activity name: Recovery Support Services</p> <p>Activity: RecoveryFest Calvert County’s Behavioral Health Administration sponsors the RecoveryFest every September in recognition of National Recovery Month. This free family event promotes prevention, treatment and recovery by recognizing the gains made by those who have overcome mental and substance use disorders.</p> <p>Agencies: Calvert County Health Department</p>
<p>Activity name: Prescription Drug Abuse Prevention</p> <p>Activity: Sponsor two Prescription Drug Take Back days per year. Held at the county’s community centers, Sheriff’s Office and MSP, Barrack “U”</p> <p>Agencies: CAASA, Calvert County Sheriff’s Office, Maryland State Police, Barrack “U”, and Calvert County Parks and Recreation</p>			

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<p>Activity name: Prescription Drop Box Promotion Activity: Provide drop-box reminder cards to local pharmacies, doctors and dentists and distribute through sobriety checkpoints. Agencies: CAASA</p> <p>Activity name: Opioid overdose awareness and prevention Activity: Display opioid overdose awareness posters in all county parks and showing to the “Chasing the Dragon” Documentary at Flagship Cinemas with Q & A with FBI representative Agencies: CAASA, Calvert County Behavioral Health Prevention Services and Calvert County Division of Parks of Recreation.</p>	<p>Activity name: Sobriety Checkpoints Activity: Conduct sobriety checkpoints on local roadways to educate residents to the dangers of impaired driving. Agencies: Calvert County Sheriff’s Office and Maryland State Police</p>	<p>Activity name: School-based Behavioral Health, supported by a grant from the Kresge Foundation Activity: 2015-2016 School Year - Pilot program that expands upon our school-based mental health counseling service, which exists in all county public schools, by integrating substance use and mental health counseling in three schools. Students can self-refer, or be referred to this program by parents, teachers, administrators, other school staff, the health department, or other community agencies. 2016-2017 – program expanded to all middle and high schools. CAASA provided \$12,000 in grant funds. 2017-2018 – program expanded to all Calvert County Public Schools. CAASA provided \$10,500 in grant funds. 2018-2019 – program continued in all Calvert County Public Schools. CAASA provided \$10,000 in grant funds. Agencies: Calvert County Health Department, Calvert County Public Schools and CAASA</p>	<p>Activity name: Recovery Support Services Activity: Wellness Recovery Action Planning The Wellness Recovery Action Plan (WRAP) is an evidence based program used world-wide by people who are dealing with all kinds of health and life challenges to include mental health issues, substance use disorders, trauma and medical conditions such as diabetes, weight gain and pain management. Facilitators provide peer support and are trained to lead groups that meet the criteria of WRAP along with keeping the program recovery focused. The program is available to the community at no charge. Currently, there are WRAP groups in the local detention center, the Southern Maryland Community Network and in two of the county’s sober houses, Sober Gals and Sober Gents. Agencies: Calvert County Health Department</p>

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<p>Activity name: Mini-grant Program Activity: \$4,000 in mini-grants funds are provided to local community groups and agencies to implement prevention strategies to their target audience. Agencies: CAASA</p>	<p>Activity name: High School Drug Scans Activity: Execute drug scans with drug dogs inside the four high schools and student parking lots. Agencies: Calvert County Sheriff's Office</p>	<p>Activity name: Medication Assisted Treatment Activity: Buprenorphine and Vivitrol medication services available through Behavioral Health, either directly or with contracted providers in the county Agencies: Calvert County Health Department, contracted providers</p>	<p>Activity name: Recovery Support Activity: Recovery Coaching Recovery coaches are certified through the Connecticut Community For Addiction Recovery (CCAR) and promote recovery by removing barriers and obstacles to recovery and serving as a personal guide and mentor for people seeking or already in recovery. This service is currently provided to community members at no charge. Agencies: Calvert County Health Department</p>
<p>Activity name: Drug-free Workplace Trainings Activity: Hold drug-free workplace trainings for local businesses and provide local drug free workplace signs Agencies: CAASA and Calvert County Chamber of Commerce</p>	<p>Activity name: Camp Junior Sheriff and Camp C.O.P.S. Activity: These camps are designed to mentor and teach children the discipline required to live a healthy and drug free lifestyle, foster positive relationships with the youth and instill confidence. Agencies: Calvert County Sheriff's Office and Maryland State Police, Barrack "U"</p>	<p>Activity name: Residential Treatment Funding Activity: Assessment of needs and evaluation for residential funding available for county residents through Calvert County Behavioral Health Agencies: Calvert County Health Department</p>	<p>Activity name: State Care Coordination Services Activity: Assist individuals by educating them about community supports and services at no or low cost to increase their overall well-being. Help the individual create a recovery plan. Communicate by telephone or in person meetings to offer support until the individual decides help is no longer needed. Agencies: Calvert County Health Department</p>
<p>Activity Name: CCPS Opioid Heroin Addiction Prevention (OHAP) Activity: A student led prevention awareness group in three of the four high schools. Agencies: CCPS, Calvert County Behavioral Health Services, and CAASA</p>			

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<p>Activity name: National Awareness Campaigns</p> <p>Activity: Promote awareness campaigns throughout the county. They include: Talk They Hear You (Underage Drinking Prevention), Red Ribbon Week, Alcohol Awareness Month, National Prevention Week, National Drug Facts Week, Designated Driver Month, National Recovery Month, National Overdose Awareness Day</p> <p>Agencies: CAASA, Calvert County Health Department, Local Law Enforcement, Calvert County Public Schools</p>	<p>Activity name: Drug Enforcement Unit</p> <p>Activity: Identifies and attempts to dismantle drug organizations and individual dealers from being able to operate within Calvert County. Arrests individuals involved in the use and distribution of controlled dangerous substances.</p> <p>Agencies: Calvert County Sheriff's Office</p>	<p>Activity name: Vivitrol Program</p> <p>Activity: Identify and screen inmates at the Calvert County Detention Center to establish medical qualifications (opioid dependency) to receive Vivitrol. Coordinate injection with Detention Center nurse. Setup Substance Abuse Intake and request appropriate appointments with Mental Health Services. Send letters or place phone calls to client when needed to ensure compliance with treatment.</p> <p>Agencies: Calvert County Health Department</p>	<p>Activity name: Maryland Recovery Net Services</p> <p>Activity: Identify and screen individuals with a substance use diagnosis for funding to obtain various services while being engaged in clinical or recovery support services. Funding can provide sober living housing, transportation passes, medical services, clothing, food, and toiletries. Communication is maintained for 6 months to ensure compliance is maintained.</p> <p>Agencies: Calvert County Health Department</p>
<p>Activity name: Mock Crash & Assembly</p> <p>Activity: Hold a mock crash and assembly at high schools to share the dangers of impaired and distracted driving.</p> <p>Agencies: CAASA, Chesapeake Region Safety Council, Calvert County Public Schools, Calvert County Sheriff's Office, and Maryland State Police, Barrack "U"</p>	<p>Activity name: HIDTA (High Intensity Drug Trafficking Area)</p> <p>Activity: Assigned a detective to DEA/HIDTA group to tap into federal resources which are available for large/long term investigations</p> <p>Agencies: Calvert County Sheriff's Office</p>	<p>Activity name: Overdose Fatality Review Team</p> <p>Activity: This multidisciplinary team funded by the Opioid Misuse Prevention Plan grant meets quarterly to review fatal overdose cases. The team identifies interventions, policies or procedures that could have prevented the death and makes recommendations for change accordingly.</p> <p>Agencies: Multiple agency participation; led by Calvert County Health Department</p>	

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<p>Activity name: Speakers Bureau/Guest Speakers</p> <p>Activity: Provide a speakers list to CCPS health teachers to utilize when discussing alcohol and other drugs.</p>	<p>Activity name: Sheriff's Office Open House</p> <p>Activity: A community event designed to foster a positive relationship with the youth and general public. Drug use is always the discussed. Tours of the Sheriff's Office, jail cells and support vehicles are part of the event.</p> <p>Agencies: Calvert County Sheriff's Office</p>	<p>Activity name: Naloxone Training</p> <p>Activity: There are two FY19 naloxone training initiatives. Each initiative offers free opioid overdose response education and naloxone kits to those who are at risk of experiencing and/or witnessing an opioid overdose. One initiative offers training to members of the public. The goal is to train 750 individuals in overdose response and equip them with naloxone during FY19. The target audiences are friends and family members of people who use drugs, people who are actively using or in treatment/recovery, and staff/volunteers who work with people who use drugs. The other initiative is a partnership with the Calvert County Detention Center to train inmates during incarceration and equip them with naloxone kits on release. The goal is to train 150 inmates through this initiative during FY19.</p> <p>In FY18, the Health Department sponsored monthly Naloxone trainings at the local fire departments and community centers and provided trainings to other organization as requested. Over 700 residents were trained.</p> <p>Agencies: Calvert County Health Department</p>	

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<p>Activity name: Project Graduation Activity: Alcohol-free and drug-free event held on graduation night for the graduating seniors from Calvert County’s four public high schools Agencies: CAASA, Calvert County Public Schools, Sheriff’s Office, and MSP, Barrack “U”, and Calvert County Behavioral Health</p>	<p>Activity name: Overdose Investigations Activity: Drug Enforcement Unit Detectives/MSP Criminal Enforcement Division Detectives conduct follow-up investigations on all overdoses (fatal and non-fatal) in an attempt to identify and arrest the source of heroin/pills. By making an arrest it is hopefully preventing additional overdoses from the same source. Agencies: Calvert County Sheriff’s Office and Maryland State Police, Barrack “U”</p>	<p>Activity name: Adult Crisis Intervention Activity: Individuals with mental illness with or without co-occurring substance use disorders who are experiencing a short term psychiatric crises and are eligible for the Public Mental Health system may be referred to this program from the Emergency Room. The program connects individuals to treatment, housing and benefits and cooperates with the partial hospital program at CMH. Agency: Southern MD Community Network, Inc.</p>	
<p>Activity name: Data Collection Activity: Use Youth Risk Behavior Survey Data to determine targeted outreach to youth population. Agency: CAASA</p>	<p>Activity name: Boy/Girl Scout Tours Activity: Provide local Boy and Girl Scout troops with tour of the Sheriff’s Office Agencies: Sheriff’s Office</p>	<p>Activity name: School Based Mental Health and Substance Abuse Funding Activity: Over the past three years, CAASA allocated \$32,500 to the Calvert County Health Department to cover the gap in funding for students in need of behavioral health and substance use disorder services. Agency: CAASA</p>	
<p>Activity name: Project Graduation Mini-Grant Activity: \$3,000 mini-grant is provided to CAASA to support the alcohol-free and drug-free event. Agency: Calvert County Behavioral Health Prevention Services</p>	<p>Activity name: Guest Speakers Activity: Officers speak throughout the county and in the local schools on topics of alcohol and other drug use. Agencies: Sheriff’s Office</p>	<p>Activity name: Supported Employment Services Activity: Program serves individuals with mental health needs or co-occurring disorders to find employment and coaching and follow along services. Those eligible must meet the priority population of the State of MD Public Mental Health System. Agency: Southern MD Community Net.</p>	

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<p><u>Activity name:</u> Designated Driver Program</p> <p><u>Activity:</u> Host Designated Driver sign-ups at Calvert Marine Museum concerts. Provide designated drivers with free water and sodas and an opportunity to win a \$50 Visa Gift Card; promote various other designated driver campaigns year round (December is Designated Driver Month, New Year’s Eve, Super Bowl Sunday, St. Patrick’s Day, July 4th); distribute alcohol free drink recipes; host a law enforcement DUI award ceremony and luncheon</p> <p><u>Agencies:</u> CAASA</p>	<p><u>Activity name:</u> Community Partnerships</p> <p><u>Activity:</u> Officers are members of the Prescription Drug Abuse Abatement Council; Calvert Alliance Against Substance Abuse, Inc.; D.A.R.E.; ACT Now Calvert, Calvert County Drug Court; Drug and Alcohol Abuse Council; and Tobacco Coalition</p> <p><u>Agencies:</u> Calvert County Sheriff’s Office and Maryland State Police</p>	<p><u>Activity name:</u> Psychiatric Rehabilitation Services</p> <p><u>Activity:</u> This program serves individuals with severe psychiatric disorders or co-occurring disorders who are eligible for the Public Mental Health system. The program serves to link and connect individuals with services and also to formulate an individual recovery plan and works with that individual on goals related to recovery including improving skills for community based living, treatment compliance, medication monitoring and social skills.</p> <p><u>Agency:</u> Southern MD Community Network, Inc.</p>	
<p><u>Activity name:</u> Youth Targeted Education</p> <p><u>Activity:</u> Calvert County Middle School presentations in partnership with CCPS. Health Department personnel speak with students about prescription pain medications, the effects of abuse, as well as underage/binge drinking. Over 200 8th grade students have attended the presentation.</p> <p><u>Agencies:</u> Calvert County Behavioral Health Prevention Services and CCPS</p>	<p><u>Activity name:</u> School Liaison Program</p> <p><u>Activity:</u> Five school liaison officers serve as mentors to students and attempt to lead them on the right path and away from drugs and alcohol. The officers divide their time between the middle and high schools.</p> <p><u>Agencies:</u> Calvert County Sheriff’s Office</p>	<p><u>Activity name:</u> In-Home Intervention Program (IHIP)</p> <p><u>Activity:</u> This grant based program serves children and youth under 18 years of age who are at risk of out of home placement due to their mental illness. Some youth in this program may have co-occurring substance use disorders. This program is home based focusing on family functioning and restoration of resiliency and community living skills.</p> <p><u>Agency:</u> Southern MD Community Network, Inc.</p>	

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<p>Activity name: Doctor, dentist and prescriber education</p> <p>Activity: Provide local doctors, dentists and pharmacists with information and tool kits regarding the opioid abuse issue in Calvert County. Provide them with educational brochures and posters for the patients.</p> <p>Agencies: CAASA and Calvert County Behavioral Health</p>	<p>Activity name: Prescription Drop Box Program</p> <p>Activity: First Barrack in State of Maryland to offer a prescription drug drop off box. Used to properly and safely dispose of unwanted/unused prescription medications.</p> <p>Agencies: Maryland State Police</p>		
<p>Activity name: Hope4Calvert website</p> <p>Activity: The creation of a website that provides local substance abuse prevention and treatment information.</p> <p>Agencies: CAASA and Calvert County Health Department</p>	<p>Activity name: Prescription Drop Box Program</p> <p>Activity: Provide a 24/7 prescription drop off box at the Sheriff's Office. Was the first drop box established in the Southern Maryland Region.</p> <p>Agencies: Calvert County Sheriff's Office</p>		

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<p>Activity name: Good Samaritan Law Awareness Campaign</p> <p>Activity: Promote the Good Samaritan Law through paid advertising and speaking engagements. A pocket card outlining the Good Samaritan Law with Opioid Overdose Response Information is being distributed at county treatment centers. These cards have also been given to law enforcement and EMS to distribute. The card is also distributed to each participant of the community based Naloxone training.</p> <p>Agencies: Calvert County Behavioral Health Prevention Services</p>	<p>Activity name: NARCAN Program</p> <p>Activity: All road officers with the Calvert County Sheriff's Office and Maryland State Troopers in Calvert County have received training and been issued NARCAN to administer at the scenes of overdoses in an attempt to save lives.</p> <p>Agencies: Maryland State Police, Barrack "U", Calvert County Sheriff's Office</p>		
<p>Activity name: Overdose Prevention Marketing</p> <p>Activity: Educating the community on overdose prevention and response by distributing and publishing educational materials. These materials have been displayed at all 3 World Gym Locations, county agencies, treatment centers, social media and print media.</p> <p>Agencies: Calvert County Behavioral Health Prevention Services</p>	<p>Activity name: SOLID (Sheriff's Office Helping Loved Ones in Distress)</p> <p>Activity: Designated members of the Sheriff's office visit the home of an overdose victim a day or two after the incident to share treatment and support group information with the person and/or their family. The objective is to provide information to those who survive an overdose in hopes that they will seek treatment.</p> <p>Agencies: Sheriff's Office, CAASA and Calvert County Behavioral Health</p>		

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<p>Activity name: Guiding Good Choices Parenting Program Activity: The Guiding Good Choices Parenting Program in an evidence based program that gives parents skills and strategies to reduce the likelihood that their children will abuse drugs and alcohol. This 5 week program is offered at no cost. Agency: CAASA</p>	<p>Activity name: Opioid Overdose and fatality data collection Activity: Gather local data on overdose and fatalities caused by opioid misuse and use data to target outreach. Agencies: Calvert County Sheriff's Office & CAASA Activity: Hired a Drug Intelligence Program Coordinator Agencies: Calvert County Sheriff's Office</p>		
<p>Activity name: Staying Connected With Your Teen Parenting Program Activity: The program uses the Social Development Strategy. The goal of the program is to prevent problem behaviors among teens by helping parents acquire or improve a variety of key parenting skills and techniques. This is a free workshop. Agency: CAASA</p>	<p>Activity name: Calvert County Neighborhood Watch Program Activity: Participate in monthly Neighborhood Watch Meetings to share local crime and drug trends. Agencies: CAASA, Sheriff's Office and Maryland State Police, Barrack "U"</p>		
<p>Activity name: Partnership with Calvert County Public Schools Activity: Provide in-service trainings for middle and high school health teachers on resources and support for teaching substance abuse prevention material. Agency: Calvert County Health Department</p>	<p>Activity name: Neighborhood Watch Training Activity: Community-wide trainings are held as requested. Agencies: CAASA, Calvert County Sheriff's Office</p>		

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<p>Activity name: Calvert County Public Schools Health Curriculum and Red Ribbon Week activities.</p> <p>Activity: CCPS implements a systemic Health curriculum in grades K-12 which covers the topic of substance abuse prevention as well as many other health topics. Each school also promotes healthy living and substance abuse prevention during Red Ribbon Week by engaging students in activities that support these topics.</p> <p>Agencies: CCPS, CAASA, Calvert County Behavioral Health</p>			
<p>Activity name: Parenting Again Workshop</p> <p>Activity: This workshop provides information and guidance to those who are parenting children who aren't theirs.</p> <p>Agencies: CAASA, Office on Aging, CCPS, Department of Social Services and Department of Juvenile Services.</p>			
<p>Activity name: Parenting Again Support Group</p> <p>Activity: Provide a venue and facilitator for those parenting again to meet and share information and support.</p> <p>Agencies: CAASA, Calvert County Baptist Church, Office on Aging, CCPS, Department of Social Services, and Department of Juvenile Services</p>			

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<p>Activity name: General Community Outreach</p> <p>Activity: Provide substance abuse prevention information at events annually throughout Calvert County.</p> <p>Agencies: Calvert County Behavioral Health and CAASA</p>			
<p>Activity name: First Responder Resource Packets</p> <p>Activity: Provide treatment and support group info packets to first responders to be given to family or patient when responding to an overdose or drug related call.</p> <p>Agencies: CAASA</p>			
<p>Activity name: Roadside Overdose Awareness Signs</p> <p>Activity: Placement of five 4' x 8' overdose awareness signs in Calvert County. The signs are updated monthly with current overdose numbers. They provide contact phone numbers for those seeking treatment resources.</p> <p>Agencies: CAASA, Sheriff's Office, Overdose Intervention Team, and Calvert County Health Department</p>			

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<p>Activity name: Student Participation</p> <p>Activity: CAASA expanded their student membership on the Board of Directors from one student to one student from each high school.</p> <p>Agencies: CAASA and CCPS</p>			
<p>Activity name: Targeted Overdose Outreach</p> <p>Activity: Use law enforcement overdose data to determine targeted outreach areas. Focus on high overdose areas and demographic showing the highest rate of overdoses.</p> <p>Agencies: CAASA & Calvert County Sheriff Office.</p>			
<p>Activity name: Training for Intervention Procedures</p> <p>Activity: This 3-4 hour training is to educate for the responsible service, sale, and consumption of alcohol. TIPS is a skills-based training program designed to prevent intoxication, underage drinking, and drunk driving. Training is provided at no cost.</p> <p>Agency: Calvert County Behavioral Health Prevention Services</p>			

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